

Winter / Spring
2015-2016

**Town of
Amherst Youth
& Recreation
Department**



www.amherstyouthandrec.org

Town of Amherst Youth & Recreation Department

General Information

Mary-Diana Pouli,
Executive Director

Amherst Youth & Recreation

Administrative Offices - Northtown Center at Amherst
1615 Amherst Manor Drive, Williamsville, NY 14221

For information regarding registration, programs, facilities, rentals and ID cards, please call 716-631-7132.

Hours of Operation

(Hours subject to change)

Monday through Friday 8:30-5:30pm through April 1, 2016

Weekend hours will resume in April

Office closed: 11/26, 11/27, 12/24, 12/25, 1/1, 1/18, 2/15 and 3/25

Office Hours 12/31 - 9:00am-12:00pm

2016 RESIDENT ID CARDS WILL BE AVAILABLE FOR PURCHASE BEGINNING DECEMBER 14 (Needed for all programs.) THE OFFICE WILL BE OPEN SUNDAY, JAN. 10 from 10am-4pm FOR ID CARD PURCHASE ONLY

Town of Amherst Elected Officials

Barry A. Weinstein, Supervisor
Guy R. Marlette, Deputy Supervisor-Youth & Recreation Liaison
Mark A. Manna, Council Member
Ramona D. Popowich, Council Member
Steven D. Sanders, Council Member

Town of Amherst Youth Board

Dominic Vivolo, Chairperson
Suzie Rivo Solender, Vice Chairperson
Ismahan Abdallah, Ali Ahmed, Art Benton, Bob Coniglio,
Mark Forden, Julia Gerard, Sheila Gillert, Shanon Jacobs,
Marianne Jasen, Kendyl Kratzer, Jay Lupini, Ruby Matricardi,
Bobbi Sedor, Leena Sen, Gregg Shutts

Town of Amherst Recreation Commission

Robert J. Schreck, Chairperson
Sunil Bakshi, Vice Chairperson
Tim Gardner, Richard Schneider, Thomas Schratz, Gary Witter

Volunteer Opportunities

Our youth and recreation programs greatly rely on the efforts and contributions of citizen volunteers. Many different volunteer opportunities are available, and may be tailored to individual needs.

To find out how you can serve on the Youth Board or Recreation Commission, contact:

Mary-Diana Pouli, Executive Director
1615 Amherst Manor Drive, Williamsville, NY 14221
716-631-7132

To find out how you might be able to assist in our after school child care, help plan special events, or perform other volunteer functions, please contact:

Antonella Stravalaci, Director of Volunteers
1615 Amherst Manor Drive, Amherst, NY
716-631-7210 ext. 7544

Volunteers must be at least 18 years of age and meet other eligibility requirements.

Resident Photo ID Card Information

A valid Town of Amherst Resident Photo ID card is needed to register for programs and services and to receive resident discounts for open skate sessions. Resident ID cards also allow for unlimited free use of the Clearfield and North Forest pools during the summer months. Resident Photo ID cards are valid for one calendar year.

ID cards may only be purchased at the Youth & Recreation Department office. Cost is \$5.00 per person; cash, check or charge.

Proof of residency and a new photo (taken at time of ID card registration) is required for new and renewal cards.

Proof of residency for Adults:

1. Driver's license or a valid non-driver ID

Proof of residency for Children:

1. Parent's driver's license or valid non-driver ID **AND**

2. Child's birth certificate or 2015 ID card

Refunds & Fees

Please note that no refunds will be given for registration fees or programs. Programs will be cancelled due to inclement weather and on all major holidays.

A Message to Parents - Age Requirement

Unless stipulated in the program description, age requirements are as of the date of the first class. All age requirements are set to benefit the children and make instruction more consistent for the program instructor. In some instances, requirements are set for the child's safety.

Special Needs

The Town of Amherst encourages individuals with disabilities to register for general youth and recreation programs. If you require assistance or have special needs, let us know. The Youth & Recreation Department will make reasonable accommodations to facilitate the participation of an individual with a disability in any of our programs. Please advise our staff at the time of registration.

Telephone Numbers

Youth & Recreation Office	716-631-7132
Youth & Recreation Office – Fax	716-626-9087
Northtown Center at Amherst Ice Facility	716-631-7555
Audubon Golf Course	716-631-7139
Oakwood Golf Course	716-631-1421
Audubon Par 3	716-631-7124

Frequently Requested Numbers

Amherst Youth Hockey	716-631-0850
Amherst Skating Club	716-634-3887
Amherst Soccer Association	716-580-3468

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YOUTH SPORTS

Beginning Archery – Ages 8 – 12

Description: Learn the fundamentals of Archery using compound bows. Covers the basics of archery including safety, form, aiming, scoring. Ages 8 to 12.

Site: Clearfield Community Center

Days: Mondays

Time: 4:00pm - 5:00pm
5:00pm - 6:00pm

Fee: \$20.00

Schedule: **Session #1**
January 11th to February 29th
(no class Jan 18 & Feb 15th)
Session #2
March 7th to April 25th
(no class March 21 & 28th)

Special Notes: **Equipment will be provided... personal equipment cannot be used**

Registration Form: Please see back page

Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us



Intermediate Archery

Description: For the person with prior archery experience. Not for beginning Archers

Site: Clearfield Community Center

Days: Thursdays

Time: 4:00 to 4:50
5:00 to 5:50

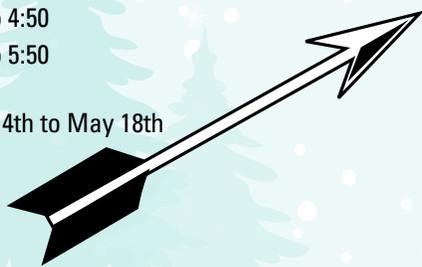
Fee: \$20.00

Schedule: April 14th to May 18th

Special Notes: This program will be cancelled on school holidays and inclement weather.
Equipment will be provided... personal equipment cannot be used

Registration Form: Please see back page

Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us



Beginning Tennis - Ages 5 – 7 and 8 – 12

Description: Beginning Tennis instruction for children. Skills to include: Forehand, Backhand, Serve, Volley and rules of the game.

Site: Clearfield Community Center

Days: Tuesdays or Thursdays

Ages/Times: 5 to 7 yrs. : 4:00 to 4:50 pm
8 to 12 yrs.: 5:00 to 6:00 pm

Fee: \$20.00

Schedule: **Session #1**
Tuesday: May 3rd to June 7th
Thursday: May 5th to June 9th

Required Equipment: Sneakers and tennis racquet.

Special Notes: Program will be cancelled on major holidays as well as Williamsville Schools closure.

Registration Form: Please see back page

Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

YOUTH SPORTS

Youth Floor Hockey – Ages 9 – 12 or 11 – 14

Description: Indoor, pick-up style floor hockey for children ages 9 – 12 or 12 – 14. Daily activities may include a short practice/skill development drill, followed by a friendly game.

Site: Clearfield Community Center – SMALL Gym

Days: Mondays

Time: 6:30pm - 8:00pm

Fee: \$20.00

Schedule: **Session #1 - Ages 9-12**
January 4, 11, 25, February 1, 8, 22
(no class on 1/18/16, or 2/15/16)

Session #2 - Ages 9-12
February 29, March 7, 14, April 4, 11
(no class on 3/21/16, or 3/28/16)

Session #3 - Ages 11-14
April 18, 25, May 2, 9, 16, 23

Required Equipment: Participants must use a stick with a plastic blade only. **Each participant must bring their own eye protection (racket ball goggles, or a helmet with a face shield or cage).** Hockey gloves or lacrosse gloves and dry sneakers are also required.

Other Equipment: Mouth guards and shin guards are recommended. Basic goalie equipment will be provided.

Special Notes: **Every child may have to take a turn at being a goalie, if volunteers do not come forward.** Please note that this program will be closed on major holidays and whenever schools are closed due to weather. -Because space is limited, pre-registration is required. Registrations will not be accepted on-site.

Registration Form: Please see back page

Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us



Afternoon Athletes – Grades 2nd – 5th

Description: A variety of group games and activities will be played each week such as: basketball, capture the flag, pillo-polo, scooter hockey, soccer, spud, tag games, and other games.

Site: Clearfield Community Center – SMALL Gym

Grades: 2 - 5

Days: Tuesdays

Time: 4:30pm – 5:30pm

Fee: \$20

Schedule: **Session # 1**
January 5, 12, 19, 26, February 2

Session #2
February 9, 23, March 1, 8, 15
(no class on 2/16/16)

Required Equipment: Dry sneakers

Special Notes: Please note that this program will be closed on major holidays and whenever schools are closed due to weather. -Because space is limited, pre-registration is required.

Registration: Please see back page.

Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us

YOUTH SPORTS

10 and Up Pickleball – Ages 10 Through Adult

Description: Looking for something different? Try pickleball – it's oversized ping pong played on a badminton court with a tennis sized net. A paddle is used to keep a plastic ball going back and forth over the net. Pickleball is for all athletic ability levels and is easy to learn and play. -Ages 10 and up. **Fun for the whole family; this is one of the few programs we offer for intergenerational play. Parents and children and/or grandparents and grandchildren are encouraged to sign up together, but it is not a requirement.**

Site: Clearfield Community Center – LARGE Gym
Days: Thursdays

Time: 5:00pm – 6:00pm
Fee: \$25
Schedule: **Session #1**
April 21, 28, May 5, 12, 19, 26, June 2, 9

Required Equipment: Dry sneakers.
Special Notes: Please note that this program will be closed on major holidays and whenever schools are closed due to weather. -Because space is limited, pre-registration is required.

Registration: Please see back page
Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us

Beginning Basketball

Description: Learn the fundamentals of basketball including: Dribbling, passing, shooting in a fun positive atmosphere. **Ages 5 to 7.**

Site: Clearfield Community Center
Day: Tuesday
Time: 4:30 to 5:30pm
Fee: \$20.00
Schedule: January 12th to February 23rd
Required Equipment: Sneakers
Special Notes: This program will be cancelled on school holidays and inclement weather

Registration: Please see back page
Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

Beginning Basketball 8 to 10

Description: Learn the fundamentals of Basketball including: Dribbling, passing, shooting, and basic game play. **Ages 8 to 10.**

Site: Clearfield Community Center
Day: Tuesday
Time: 4:30 to 5:30pm
Fee: \$20.00
Schedule: March 1st to April 19th
Required Equipment: Sneakers
Special Notes: This program will be cancelled on school holidays and inclement weather

Registration: Please see back page
Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

Open Hoops

Description: Come practice your jump shot, lay-up or dribbling skills on two basketball courts with 6 hoops. Great for AYB players, High School/ Middle School boys and Girls or anyone looking for a place to practice their skills.

Days: Wednesdays
Times: 4:00 to 6:00pm
Fee: \$20.00
Dates: January 13th to March 16th

Please make check payable to: Amherst Youth & Recreation
Please Note: Program will be closed on major holidays or when Williamsville Schools are closed

Registration: Please see back page
Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

PRESCHOOL PROGRAMS

**FOR FAMILIES & THEIR CHILDREN,
BIRTH THROUGH AGE 5**

- Large indoor learning-centered playroom
- Gym area & outdoor playground
- Birthday parties & field trips
- Playgroups for 18 months to 5 year olds!



**We Offer
Birthday Party
Packages!**

Call us for more information.

The Family Room

...where parents meet and preschoolers play.

www.amherst.ny.us • Keyword: family room

TWO LOCATIONS OPEN YEAR ROUND!

The Amherst Youth & Family Center

(at the Northtown Center at Amherst)

1615 Amherst Manor Dr.
Williamsville, NY 14221
631-7298

Harlem Road Community Center

4255 Harlem Rd.
Amherst, NY 14226
631-7218

Mary Beth Hopkins • mhopkins@amherst.ny.us
Kristen Norton-Null • knorton@amherst.ny.us
Family Room Co-Directors

FAMILY ROOM HOURS:

MONDAYS & FRIDAYS

9:30am - 11:30am - Harlem Rd.

12:30pm - 2:30pm - Northtown Center

WEDNESDAYS

9:30am - 11:30am - Northtown Center

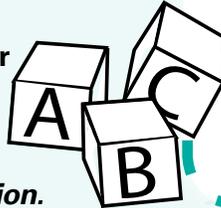
12:30pm - 2:30pm - Harlem Rd.

SATURDAYS (Oct. - May)

10:00am - Noon - Northtown Center

Hours may vary. Please call for verification.

**FANTASTIC
FIELD TRIPS**



FREE VISIT!

During any of our Open Door Hours!

M - W - F

9:30am - 11:30am
& 12:30pm - 2:30pm

Hours may vary -
call for current schedule



BECOME A MEMBER!

RESIDENT FEES: \$105 annual membership fee plus \$15 one-time registration fee (per family) - includes unlimited visits to either location!
Playgroups are also available - call for more information.

NON-RESIDENT FEES: \$140 annual membership fee plus \$15 one-time registration fee (per family).

Toddler Open Gym

Description: This is an open gym/free play program for children ages 1-5 years old. Parents are required to stay with their children.

Site: Clearfield Community Center - Small Gym

Days: Fridays

Time: 9:30-11:30am

Fee: \$20.00

Schedule: **Session #1**
January 8 to May 20
(no program on 2/20, 4/10)

Special Notes: This program is closed on all major holidays and when Williamsville Schools are closed due to inclement weather. Everyone must wear sneakers in the gym.

Contact Person: Joann Kiefer-Warren
631-7132 ext 7516
jkiefer@amherst.ny.us

ADULT SPORTS

Men's Basketball – Ages 18 and up

Description: Indoor, full court, pick-up style basketball for ages 18 and over.

Site: Clearfield Community Center – LARGE Gym

Days: Tuesdays

Fee: \$25 per session for residents/
\$50 per session for non-residents

Schedule: **Session #1 - 8:30-10:30pm**
November 10, 17, 24, December 1, 8, 15,
January 5, 12, 19 (no class on 11/3/15,
12/22/15, or 12/29/15)
Session #2 - 8:30-10:30pm
January 26, February 2, 9, 23, March 1, 8, 15,
29 (no class on 2/16/16, or 3/22/16)
Session #3 - 6:00-8:30pm
April 5, 12, 19, 26, May 3, 10, 17, 24, 31

Required Equipment: Dry Sneakers

Special Notes: Because space is limited, pre-registration is required.

Registration: Please see back page

Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us



Men's Basketball – Ages 35 and up

Description: Indoor, full court, pick-up style basketball for ages 35 and over.

Site: Clearfield Community Center – LARGE Gym (Near Court)

Days: Thursdays

Time: 7:00pm – 9:00pm

Fee: \$25 per session for residents/
\$50 per session for non-residents

Schedule: **Session #1**
March 10, 17, 31, April 7, 14, 21, 28, May 5
(no class on 3/24/16)

Required Equipment: Dry Sneakers

Special Notes: Because space is limited, pre-registration is required.

Registration: Please see back page

Contact Person: Brian Ignaszak
631-7132 ext. 7519 • bignaszak@amherst.ny.us

Women's Basketball – Ages 16 and up

Description: Indoor, full court, pick-up style basketball for ages 16 and over.

Site: Clearfield Community Center – LARGE Gym (Far Court)

Days: Thursdays

Time: 7:00pm – 9:00pm

Fee: \$25 per session for residents/
\$50 per session for non-residents

Schedule: **Session #1**
March 10, 17, 31, April 7, 14, 21, 28, May 5
(no class on 3/24/16)

Required Equipment: Dry Sneakers

Special Notes: Because space is limited, pre-registration is required.

Registration: Please see back page

Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us

Adult Tennis Lessons

Description: Tennis instruction for adults (ages 18+)

Site: Ellicott Creek Trailway Courts/
Clearfield Community Center (if rain)

Days: Wednesday

Time: 7:00 to 8:00pm Beginners
8:15 to 9:15pm Intermediate/Advanced

Fee: \$25 per session resident
\$50 per session non-resident

Schedule: **Session #1**
April 6th to May 11th

Required Equipment: Sneakers, Tennis Racquet, new can of tennis balls on first day.

Registration: Please see back page

Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

Adult Morning Tennis

Description: Tennis drills and games for adults (ages 18+) to include the following skills: Forehand, Backhand, Volley, and Serve.

Site: Clearfield Community Center

Days: Tuesday/Friday

Time: 10:00am - 12:00pm

Fee: \$25 per session resident
\$50 per session non-resident

Schedule: **Session #1**
February 2nd to May 27th

Required Equipment: Sneakers, Tennis Racquet, new can of tennis balls on first day.

Registration: Please see back page

Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

ADULT SPORTS

Adult Free Play Tennis

Description: For the adult player (18+) looking to play with other players. Doubles/Singles/Group games
Site: Trailway Courts/Clearfield Community Center
Days: Thursday
Time: 7:00pm to 9:00pm
Fee: \$25 per session resident
\$50 per session non-resident
Schedule: April 21st to June 9th
Required Equipment: Sneakers
Registration: Please see back page
Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

Adult Floor Hockey

Description: 4 on 4 pick up style adult floor hockey. Adults 16+. **This is not a league.**
Site: Clearfield Community Center
Days: Thursdays
Time: 7:30pm to 9:30pm
Fee: \$25 per session resident
\$50 per session non-resident
Schedule: January 14th to March 31st (no program March 24th)
Required Equipment: Sneakers, hockey stick, eye guard optional
Special Notes: Not for teams. Checking is not allowed.
Registration: Please see back page
Contact Person: Angelo Lorenzo
631-7132 ext. 7517
alorenzo@amherst.ny.us

Adult Badminton – Ages 16 and up

Description: This free play program is intended for players ages 16 and over.
Site: Clearfield Community Center – LARGE Gym
Days: Mondays
Time: 7:00pm to 9:00pm
Fee: \$25
Schedule: April 18, 25, May 2, 9, 16, 23
Required Equipment: Badminton racquet and dry sneakers
Special Notes: Because space is limited, pre-registration is required.
Registration: Please see back page
Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us

Adult Volleyball – Ages 16 and up

Description: Indoor, pick-up style volleyball for ages 16 and over. All ability levels are welcome.
Site: Clearfield Community Center – SMALL Gym
Days: Wednesdays
Time: 8:00pm – 9:30pm
Fee: \$25 per session resident
\$50 per session non-resident
Schedule:
Session #1
January 6, 13, 20, 27, February 3, 10
(no class on 12/23/15 or 12/30/15)
Session #2
February 24, March 2, 9, 16, 30, April 6
(no class on 2/17/16, or 3/23/16)
Session #3
April 13, 20, 27, May 4, 11, 18, 25
Required Equipment: Dry sneakers
Other Equipment: Volleyball knee pads are strongly recommended.
Special Notes: Because space is limited, pre-registration is required.
Registration: Please see back page
Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us



ADULT SPORTS

Afternoon Adult Pickleball – Ages 18 and up

Description: Looking for something different? Try pickleball – it's oversized ping pong played on a badminton court with a tennis sized net. A paddle is used to keep a plastic ball going back and forth over the net. Pickleball is for all athletic ability levels and is easy to learn to play. -Ages 18 and over.

Site: Clearfield Community Center – LARGE Gym

Days: Thursdays

Time: 12:00pm – 1:30pm

Fee: \$25 per session

Schedule: **Session #1** - January 14, 21, 28, February 4, 11, 25, March 3 (no class on 2/18/16)
Session #2 - March 10, 17, 31, April 7, 14, 21, 28 (no class on 3/24/16)

Required Equipment: Dry sneakers

Special Notes: Because space is limited, pre-registration is required.

Registration: Please see back page

Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us

Evening Adult Pickleball – Ages 18 and up

Description: Looking for something different? Try pickleball – it's oversized ping pong played on a badminton court with a tennis sized net. A paddle is used to keep a plastic ball going back and forth over the net. Pickleball is for all athletic ability levels and is easy to learn to play. -Ages 18 and over.

Site: Clearfield Community Center – LARGE Gym

Days: Tuesdays

Time: 6:30pm – 8:30pm

Fee: \$25 per session

Schedule: **Session #1** - November 10, 17, 24, December 1, 8, 15, January 5, 12 (no class on 11/3/15, 12/22/15, or 12/29/15)
Session #2 - January 19, 26, February 2, 9, 23, March 1, 8, 15 (no class on 2/16/16)

Required Equipment: Dry sneakers

Special Notes: Because space is limited, pre-registration is required.

Registration: Please see back page

Contact Person: Brian Ignaszak • 631-7132 ext. 7519
bignaszak@amherst.ny.us

ice skating

Northtown Center at Amherst - Facility Programs - Public Skate

Open skate is for people of all ages. To participate, all you need is your Resident ID card and the appropriate fee. Non-residents Guests are welcome. Helmets and protective clothing are recommended.

Start Dates: For general skate calendars, please call 631-7555 (press 5 when prompted by the attendant), as our weekly skate times change. Please visit www.northtowncenteratamherst.com

End Date: Ongoing

Ages: Open to all ages

Fee: General Admission - \$3 with Resident ID card; \$6 Non-resident/Guest

Skate Rental: \$3 (skate rentals provided by Front Row Sports Pro Shop adjacent to Guest Services)



ADULT SPORTS

Family – Get 5K'd!



Description: Want to become a runner? Would you like to become more active as a family? Then this group is for you! This six-week running program is for beginner adult runners and their kids! It is one that uses walk/run to slowly, yet effectively get you ready to run a 5K race (3.1 miles) in six short weeks. The coach will discuss topics such as proper breathing techniques, stretching, what to look for in a running shoe, nutrition, and more! Families very quickly form a bond with one another as they work toward a common goal...finishing a 5K race! This group meets twice per week and is a great way to get in shape, have fun, and bond as a family.

Site: Meet at Amherst Bike Path on North Forest near tennis courts

When: Group meets twice per week - Mondays at 6:30 pm and Saturdays at 9:30 am, Monday, April 25 - Saturday, June 4.

Fee Per Family: \$99

Registration: To register visit www.amherstyouthandrec.org

Contact Person: Melissa Panzarella
Mel's Mobile Fitness
984-6025



HIIT Class (High Intensity Interval Training)

(Type of training in which you alternate short, very high intensity intervals with longer, slower intervals to recover. HIIT training not only helps performance, it also improves the ability of the muscles to burn fat.)

Description: Come see why High Intensity Interval Training is all the rage these days! This non-stop workout will get your heart moving and will torch up to 700 calories in just 45 minutes! HIIT style is guaranteed to improve your endurance, get you crazy fit and give you such an intense workout that you will be craving more!

Site: Harlem Road Community Center Gym
4255 Harlem Rd.

When: Saturday Mornings – 10:30am-11:30am
Fee: \$75

Schedule: January 9 – March 5, 2016
(no class Jan. 23)

Registration: To register visit www.amherstyouthandrec.org

Contact Person: Melissa Panzarella
Mel's Mobile Fitness
984-6025

This program is brought to you by AFPA certified personal trainer and nutrition and wellness consultant Melissa Panzarella.



Camp & Child Care Programs

Registration begins February 22, 2016 at 9:00am both online and in person.*

SUMMER DAY CAMPS

For Children ages 5 - 11

June 27 - August 19, 2016 - 8:00am - 5:30pm

YOUR CHOICE OF FIVE CAMP LOCATIONS:

Call 631-7132 for more info

Amherst Youth & Family Center
(at the Northtown Center at Amherst)
1615 Amherst Manor Dr.

Williamsville Youth & Family Center
5005 Sheridan Dr.

Clearfield Youth Center
730 Hopkins Rd.

Harlem Road Community Center
4255 Harlem Rd.

North Amherst Recreation Center**

4415 Millersport Hwy. at New Rd.

**A different sports theme each week



Offering 8 Weeks of Summer Fun!

- **Swimming** – twice per week (all sites)
- **Field Trips Every Thursday**
(Fantasy Island, Darien Lake, Evangola, Old Fort Niagara, Beaver Island and more!)
- **Outdoor Games & Activities**
- **Arts & Crafts projects**
- **Theme Weeks**
- **Early bird & Extended Day programs**

For registration and additional info visit:
www.amherstyouthandrec.org

SUMMER EXPLORERS PROGRAM

For Children ages 12 - 14

June 27 - August 19, 2016 • 8:00am - 5:30pm

LOCATION:

Sweet Home Middle School
4150 Maple Rd., Amherst
Call 631-7132 for more info.

Proposed

For additional info visit:
www.amherstyouthandrec.org

FOR BOTH PROGRAMS

***PLEASE NOTE:** Your child must have a 2016 resident ID card to register online or in person.

Camp & Child Care Programs

MID-WINTER & SPRING RECESS CAMP PROGRAMS 2016

PROGRAM INFORMATION

Program information available online at:
www.amherstyouthandrec.org

Mid-Winter and Spring Recess Programs are for children ages 5-11. Our camp programs offer fun-filled educational activities, field trips, guest speakers, along with arts and crafts. Activities are designed to enhance each child's social, emotional and physical growth and development. Children are encouraged to develop new skills in a safe atmosphere of fun and fair play. Programs operate weekly, Monday through Friday, from 8:00a.m.-5:30pm at the sites noted. An Early Bird Program is offered from 7:30-8:00a.m., available for an additional fee of \$1 per day, per child (resident); \$5 non-resident. An Extended Day Program is offered from 5:30-6:00p.m; available for an additional fee of \$1 per day per child (resident); \$5 non-resident. Lunches and beverages are required to be brought from home. Transportation to and from Recess Programs must be provided by the parent/guardian.

MID-WINTER RECESS CAMP
February 16-19, 2016

**\$35/
day**

LOCATIONS:

Williamsville Youth Center

5005 Sheridan Drive • Williamsville, NY 14221

Harlem Road

4255 Harlem Rd. • Amherst, NY 14051

\$30/day
*additional
children
in family*

SPRING RECESS CAMP
March 21-25, 2016

LOCATIONS:

Harlem Road

4255 Harlem Rd. • Amherst, NY 14051

Amherst Youth & Family Center

(at the Northtown Center at Amherst)

1615 Amherst Manor Dr. • Williamsville, NY 14221

MID-WINTER & SPRING RECESS CAMPS – 2016 REGISTRATION INFORMATION

For registration and application forms Visit: www.amherstyouthandrec.org

ONLINE REGISTRATION INFORMATION

Visit: www.amherstyouthandrec.org

RESIDENT FEES:

REGISTRATION FEE*: \$5/day

EARLY BIRD/EXTENDED

DAY PROGRAM:

\$1 per child per option

NON-RESIDENT FEES:

Non-residents are students who live outside Amherst town boundaries yet attend school within the Sweet Home, Williamsville or Amherst school districts.

DAILY CAMP FEE: \$50 per child

EARLY BIRD/EXTENDED DAY PROGRAM:

\$5 per child per option

* First priority is given to Town of Amherst residents

Save the Date

AFTER SCHOOL 2016-17

Registration is

June 13-17

More information will be
in our Summer Brochure.

Town of
**Amherst Youth
& Recreation**
Department



SPECIAL INTEREST PROGRAMS/SERVICES

Individuals With Special Needs Adult Program

Description: This program involves socialization, open gym, crafts and cooking.

Site: Youth and Family Center at Northtown Center

Days: Tuesdays

Time: 6:30pm-9:00pm

Fee: \$25.00

Schedule: **Session #1**
January 12th – May 17th

Special Notes: There will be no program if the Williamsville schools are closed due to weather.

Registration: Please see back page

Contact Person: Laura Ehrenreich
631-7132 ext 7522
lmehrenreich@amherst.ny.us



Special Olympic Basketball/ Track & Field Training – Ages 18 and up

Description: Learn and hone basic basketball skills and develop a sense of teamwork. This program is designed for mentally disabled adults ages 18 and over.

Site: Clearfield Community Center – SMALL Gym

Days: Wednesdays

Time: 6:00pm – 7:30pm

Fee: \$20

Schedule: November 4 - May 25 (no class on 11/11/15, 12/23/15, 12/30/15, 2/17/16 or 3/23/16)

Special Notes: (We will focus on Track & Field Training in April and May.) Please note that this program will be closed on major holidays and whenever schools are closed due to weather.

Required Equipment: Dry sneakers.

Registration: Please see back page

Contact Person: Brian Ignaszak
631-7132 ext. 7519
bignaszak@amherst.ny.us



NATURE/OUTDOOR & FAMILY PROGRAMS

CHRISTMAS BIRD COUNT

WHEN - Saturday, January 9 • 9:00am - 1:00pm

WHERE - Reinstein Woods Nature Preserve, 93 Honorine Dr., Depew, NY



ABOUT THIS EVENT - Reinstein Woods Nature Preserve will be hosting a Christmas Bird Count for Kids! A great way to start your new year outdoors with the whole family. This event will begin at Reinstein Woods on Saturday, January 9 at 9:00am. Teams of 4-6 children and chaperoning adults will sign-in and then disperse to different sites in the surrounding area. At these sites, teams will spend about 90 minutes exploring a designated trail for birds. There will be a "binocular boot camp" where children will learn how to use binoculars, either their own or borrowed. Groups will receive an official birding list and instructions, as well as a route map. Afterwards the teams will return to Reinstein Woods to share their discoveries and enjoy a pizza lunch and prizes. Registration is required. You can register online by visiting <http://reinsteinwoods.org/events/christmas-bird-count-kids/> or by calling Reinstein Woods at 683-5959.

AMHERST DAY AT REINSTEIN WOODS

WHEN - Sunday, February 28 • 1:00pm - 4:00pm

WHERE - Reinstein Woods Nature Preserve, 93 Honorine Dr., Depew, NY



ABOUT THIS EVENT - Escape from your cabin fever by joining us for an activity filled afternoon featuring nature walks, snow art, winter crafts, face painting and an opportunity for participants of all ages to try out snowshoeing. Adults may also try out cross-country skiing! You are encouraged to bring your own equipment and enjoy the beauty of pristine wooded trails or check out the interesting indoor nature center displays while sipping on a cup of hot chocolate. For more info. Call 683-5959 or e-mail: reinsteinwoods@dec.ny.gov

BUILD A BACKYARD HABITAT/ PLANTING

WHEN - Saturday, April 30 • 2:30pm - 4:30pm

WHERE - Noll Nature Center, Glen Park, Glen Ave., Williamsville, NY

ABOUT THIS EVENT - Planting and planning are the keys to building a backyard habitat. Join us to design your yard to provide food, water and shelter for the wildlife you want to attract and discourage some problem guests. We'll do some indoor planting to get you started. For more info. call 631-7132 or e-mail: mfrysz@amherst.ny.us

★ ★ ★ ★ ★ ★ ★ ★ ★ ★
NOW PLAYING:
★ ★ ★ ★ ★ ★ ★ ★ ★ ★

FAMILY FRIENDLY FLICKS & AFTERNOON ACTIVITY DAYS

THE SANTA CLAUSE

Saturday, December 12 @ 1:30pm

Harlem Road Community Center, 4255 Harlem Rd.

DISNEY'S BRAVE

Saturday, February 20 @ 1:30pm

Harlem Road Community Center, 4255 Harlem Rd.

PLUS - Join us one hour BEFORE the show for Afternoon Activities - 12:30-1:30pm:

- Crafts
- Face Painting
- Sno Cones
- Games & More!



Movies are FREE;
register online at www.amherstyouthandrec.org
or call 631-7132 for questions.

MAPLE WEEKEND

WHEN - April 2-3

WHERE -

Buffalo Niagara Heritage Village
3755 Tonawanda Creek Road,
Amherst, NY 14228
www.BNHV.org • (716) 689-1440

The 19th Century Will Come Alive!

Maple syrup is one of the first sweeteners available to the Native Americans and early settlers. Come back in time and see how trees are tapped and sap is collected with a bucket and spile. Then watch the sap cook and enjoy the sweet smells as it turns into that magical syrup! Learn how to identify a Sugar Maple tree, how tall they grow and how big and old they need to be in order to tap them. Experience how to use some of the metal tools, shoulder yokes, buckets and spiles to make the syrup. Meet the blacksmith to see how many of the tools are made. Dress for the weather! We will be outside! Stay after for warm hot cocoa and maple cookies!



Learn How it is Made on April 2nd

Maple Syrup Pioneer Experience
Register at www.bnhv.org or call (716) 689-1440

"Eat It" on April 3rd at BNHV's First Annual Pancake Breakfast!

Register at www.bnhv.org or call (716) 689-1440

SPECIAL ACTIVITIES & EVENTS

Winterfest

Saturday, January 23 Noon – 3pm Harlem Road Community Center, 4255 Harlem Rd.

Join us for a winter wonderland of fun featuring outdoor activities, horse drawn carriage rides and games. Plus a special Despicable Me movie showing! Indoor gym activities – cookie decorating, crafts and more. Hot refreshments and complimentary snacks available. Mark your calendars for this not-to-be missed event! Call 631-7132 for more info.

Valentine Variety

Saturday, February 6 11am – 2pm

Clearfield Community Center, 730 Hopkins Rd.

Come make your very own Valentines for that someone special at Clearfield Community Center. No pre-registration required; event is free of charge. Just bring your creativity!

Attention middle school students!

Middle School Student Nights!

FREE! 7 pm - 9:30 pm!

Saturday, January 9th, 2016

Saturday, February 6th, 2016

Saturday, March 12th, 2016

Saturday, April 2nd, 2016

Saturday, May 7th, 2016

Saturday, June 11th, 2016

In partnership with the Amherst Youth & Recreation Department and sponsored by the Jolly Boys of Williamsville, the Amherst Youth Foundation offers **FREE** monthly middle school events!

Doors open at 7pm; pickup at 9:30pm. Free wi-fi, crafts, sports, low-priced snack bar, DJ, contests & more!

More info at www.AmherstYouthFoundation.org or call the AYF office at 633-6773

Amherst Youth Foundation
5005 Sheridan Drive
Williamsville NY 14221

**Middle School
I.D. required**

Middle school students only please!



President's Open Gym

**Tuesday, February 16 - Friday, February 19
1pm-4pm • Clearfield Community Center
730 Hopkins Rd.**

Open gym for all ages at Clearfield Community Center Gym from 1:00-4:00 pm on February 16th thru the 19th. Gym space and a variety of sports equipment will be made available for your enjoyment. Children 6 and under must be accompanied by someone 13 or older. Family registration fee of \$15.00, please use registration form and list all family members who will be attending or register online at www.amherstyouthandrec.org

SPECIAL ACTIVITIES & EVENTS



Egg Hunt

**Saturday, March 19 • 10am & 11am
Clearfield Community Center, 730 Hopkins Rd.**

All the eggs are hidden and we need you to help us find them! Hop on down Saturday, March 19 to Clearfield Community Center where our first hunt will begin at 10am followed by the second at 11am. The only thing you will need to bring is something to carry all the eggs you will find. Children are grouped by age and eggs are on a first come, first find basis. Please be prompt for start times – we would hate for you to miss out! No pre-registration required.

Spring Open Gym

**Monday, March 21-Friday, March 25
1pm-4pm**

Clearfield Community Center, 730 Hopkins Rd.

Open gym for all ages at Clearfield Community Center Gym's from 1:00-4:00 pm on March 21st thru the 25th. Gym space and a variety of sports equipment will be made available for your enjoyment. Children 6 and under must be accompanied by someone 13 or older. Family registration fee of \$15.00, please use registration form and list all members who will be attending or register online at www.amherstyouthandrec.org



Amherst Teen Idol 2016

**Open Auditions – Friday, April 8th 5:30-7:30pm
Boulevard Mall - Center Court near Macy's**

Calling all youth soloists ages 12 to 20! Open auditions for "Amherst Teen Idol" will be held Friday, April 8 from 5:30-7:30pm at the Boulevard Mall - Center Court near Macy's. Contest is open to all youth vocalists. Contestants must be prepared to perform on stage up to three minutes in length. Finalists will be chosen to compete in a final round that will take place in May. For further information, call 631-7132.



OTHER PROGRAMS/SERVICES

Teen Programs



Amherst Youth Consortium

Amherst Youth Consortium members are high school and college students who have pledged to be nicotine, alcohol and other drug-free and to be visible role models who live healthy lifestyles. Their work includes presenting information, facilitating discussions, and engaging children, youth and adults in activities which promote wellness, asset building and good decision making. Kathy Mobarak-Miller coordinates the efforts of the group. She can be reached at 631-7132.



Amherst Youth Engaged in Service (YES) Program

The Youth Engaged in Service (YES) volunteer program provides the opportunity for students ages 12-21 to contribute and participate in the community. Members provide service by direct interaction with children, senior citizens, low-income families, persons with a disability, and charitable organizations. To become a member, or for further information, please contact Antonella Stravalaci, YES Program Director at 631-7210.



Youth Work\$

Youth Work\$ is a year-round extra job service which links Amherst residents in need of assistance in, or around their homes, with Amherst youth ages 12-19 years who are a part of the program. Residents in need of assistance with jobs such as gardening, light housework, child care, leaf raking, shoveling snow or other jobs should contact YouthWork\$ to discuss your needs and ways that we may assist you. Youth interested in joining YouthWork\$ should contact our office for an application or visit www.amherst.ny.us keyword: youthworks. For detailed information, call Robin Erwin at 631-7217.

FAMILY & COMMUNITY SERVICES

SafeHomes Program

SafeHomes is a parent pledge program designed to provide a safe, healthy environment for young people. Members are provided with a Parent Network Newsletter three times per year and are offered free parenting workshops throughout the year. For more information or to become part of the Network, call Sally Yageric at ECCPASA, 831-2298.

Eggertsville Programs

Programs for children and youth in the Eggertsville area of Amherst are offered in conjunction with the Boys & Girls Clubs of Buffalo and currently include programs for elementary, middle and high school youth. Contact the Boys & Girls Club at 836-0516 for more information.

School Intervention & Family Service Program

The School Intervention Service (SIS) is an integrated service which serves in-school youth who are experiencing school difficulties, youth who are in family crises, and young people who have left school before graduating.

The Family Service Program of Amherst is designed to help families meet the challenges of modern life.

Please call the Catholic Charities Amherst Office at 839-4066 to find out more.

Family Assessment & Support Team (FAST)

The Family Assessment & Support Team (FAST) offers a variety of services to youth and families residing in the Amherst Central School District. FAST services include, but are not limited to, family counseling, mental health counseling, after school activities, treatment for eating disorders and gambling addiction, assistance with forming a block club and finding an apartment or securing a home loan.

Youth or families living in the Amherst Central School District interested in participating in the program should call Kathy Mobarak-Miller at 631-7132.

Search Institute Survey & Developmental Assets

The Town of Amherst Youth & Recreation Department, working closely with the Amherst, Sweet Home and Williamsville Central School Districts, has, to date, administered several Search Institute Wellness Surveys of Student Attitudes and Behaviors. The survey results are used as a basis for long-range program planning to positively impact on the lives of our community's young people and their families

The research has identified 40 developmental assets, or building blocks, that enhance the health and well-being of young people and assist them in being successful at home, school and in the community. The more "assets" a young person has, the less risky behavior they will exhibit. Assets have been identified for each grouping: infants and toddlers, pre-schoolers, elementary school children and adolescents.

These 40 developmental assets were initially assessed in October 1997, and most recently in 2011 using the survey *Search Institute Profiles of Student Life: Attitudes and Behaviors*.

OTHER PROGRAMS/SERVICES

AMHERST TASK FORCE

The Amherst Task Force for Healthy Community • Healthy Youth is a diverse group of community leaders, educators, parents and citizens who collaborate to support positive youth development efforts throughout the Town of Amherst. Our group meets monthly to discuss issues, make decisions and take action to support asset development.

The Amherst Task Force strives to strengthen relationships within families, among peers, within schools and other institutions and across generations in order to build a solid foundation for youth. It really does "take a whole village to raise a child."

Our monthly meetings are open.

*We are responsive to input
from the community.*

*We welcome and
encourage your participation.*

For more information, or to get involved:

AMHERST TASK FORCE
for Healthy Community • Healthy Youth
c/o Amherst Youth & Recreation
Northtown Center at Amherst
1615 Amherst Manor Drive
Williamsville, NY 14221
Website: www.amherst.ny.us
Keyword: Amherst Task Force
Phone: 716-631-7132 • Fax: 716-626-9087



Help Kids Grow Healthy Promote Developmental Assets

Assets are building blocks that help build youth into caring, responsible, healthy people. The more assets they collect, the better chance they have to succeed! How many of the following assets do young people that you know have?

1. Feel loved and supported by family.
 2. Can communicate positively and talk openly with parents.
 3. Has 3 other positive adults (besides parents) in their life.
 4. Has neighbors that care about them.
 5. School provides a caring, encouraging environment.
 6. Parents are involved with school.
 7. Adults value youth in community.
 8. Young person is given useful roles in the community.
 9. Young person helps others 1 hour a week or more.
 10. Feels safe at school, home and in their neighborhood.
 11. Family has clear rules and consequences and knows whereabouts at all times.
 12. School provides clear rules and boundaries.
 13. Neighbors watch and report young people's behavior.
 14. Adults act in a positive and responsible way.
 15. Young person's friends act in a responsible way.
 16. Parents encourage them to do well.
 17. Spends 3 hours a week or more in music, arts, or theatre.
 18. Spends 3 hours a week or more in sports, clubs or organizations.
 19. Spends 1 hour per week or more in religious activities.
 20. Only hangs out with friends with nothing to do two or less nights a week.
 21. Wants to do well in school.
 22. Participates in class.
 23. Does one hour or more of homework each day.
 24. Cares about his/her school.
 25. Reads for fun 3 or more hours per week.
 26. Places high value on helping other people.
 27. Believes in equality and helping hungry/needy.
 28. Acts on convictions and stands up for his or her beliefs.
 29. Tells the truth even though it may not be easy.
 30. Accepts and takes personal responsibility.
 31. Believes it is important to be drug free and not sexually active.
 32. Knows how to plan ahead and make choices.
 33. Shows empathy, sensitivity and respects the feelings of others.
 34. Knows about and feels okay with other cultures.
 35. Resists negative peer pressure and dangerous situations.
 36. Resolves problems without use of violence.
 37. Feels he or she has control over what happens to them.
 38. High sense of self-esteem.
 39. Feels that they have a purpose in life.
 40. Optimistic about his or her personal future and plans.
- Amherst Youth & Recreation has many resources on the Asset Building framework. If you would like more information on asset building, call our office! 716-631-7132**

Registration Information Winter/Spring 2015-16

Registration is easy! We offer 4 ways to register -

ON LINE	WALK IN	MAIL IN	BY PHONE
<p>By Visiting: www.amherstyouthandrec.org</p> <p>Please note: To register online, you must have an e-mail on file with us, and current resident ID. Call 631-7132 for assistance.</p> <div style="text-align: center;">  </div>	<p>During office hours (Located on the upper concourse) Northtown Center at Amherst 1615 Amherst Manor Drive Williamsville, NY 14221</p> <p>Please note: <i>Walk in registration begins immediately for all programs.</i></p>	<p>For mail-in registration forms, mail to: Amherst Youth & Recreation Northtown Center at Amherst 1615 Amherst Manor Drive Williamsville, NY 14221</p> <p>Please note: <i>If mailing registration, enclose all family members in the same envelope. Please provide your e-mail address or a self-addressed stamped envelope for confirmation reply.</i></p>	<p>Call our office at 631-7132 we will be happy to assist you.</p>

- 2016 Resident ID card number** must be provided on all registration forms or they will not be accepted.
- Incomplete forms will be not be accepted and/or returned.** Please make sure that all registration forms are filled out completely, accurately and legibly.
- You may register participant/s for all programs **on one form** - use more if additional space is needed.
- Please use a **separate CHECK or MONEY ORDER** for each registered session & participant, if mailing.
- ABSOLUTELY NO CASH WILL BE ACCEPTED.**
- Please make checks payable to the Town of Amherst Youth & Recreation Department.
- All returned checks will be subject to an additional fee.

- Registration fee(s) are non-refundable.
- Registration will be accepted until Wednesday for the following week or before the start of a new session.
- Registration is on a first come, first served basis.

*****Please note.*****

For questions and assistance, please call our office, 631-7132
or e-mail: lmehrenreich@amherst.ny.us



PROGRAM REGISTRATION

PLEASE PRINT LEGIBLY - Indicate Class/Time Preference

Winter/Spring 2015-16

Head of Household _____

Date of Birth: _____ Gender: M F

Address _____ Zip _____

E-mail address _____

Primary Phone _____ Secondary Phone _____

Participant's Name	ID Number	Date of Birth	Activity/Program/ Level/Location	Session #	Class Time	Preference 1,2,3	Fee

CHECK OR MONEY ORDER ONLY.

TOTAL FEE: _____

I, the undersigned certify that my child/children has permission to participate in the recreation program/s of the Town of Amherst, New York Youth & Recreation Department.

Remarks: Please list any physical limitations, allergies, asthma, seizures, medications, injuries or disease past or present, which the instructor should be aware of while caring for your child. _____

I hereby authorize the Amherst Youth & Recreation Department to use participant's photograph, video and audio recording or other likeness taken for reproduction in advertising display or editorial use.

Signature of Parent or Guardian

Date