



PARKINSON SUPPORT PROVIDED AT THE AMHERST CENTER FOR SENIOR SERVICES

Parkinson's Awareness Month Recognized in April

The Amherst Center for Senior Services announces that assistance is available for Parkinson patients and their loved ones through a support group. The meetings will take place on the fourth Thursday of each month at 2:00 p.m. Meetings will be led by John Jones, a social caseworker at the Center.

“The addition of the Parkinson Support Group to the Center’s programming is beneficial to members who live with Parkinson’s. In recognition of April as Parkinson's Awareness Month, the Town wants to be sure anyone who could benefit from the Support Group is aware it is available to them and encourage them to attend a meeting,” said Supervisor Brian Kulpa.

“Most people who have received a diagnosis of Parkinson’s disease, wonder what to expect and where to get help. It is our goal at the Senior Center to assist people with these challenges,” states Melissa Abel, Executive Director, Amherst Center for Senior Services.

“The Parkinson’s Foundation recognizes the important role that support groups play in dealing with Parkinson’s disease whether you have a diagnosis or are a care partner. We are thrilled for this opportunity to work with the Amherst Center for Senior Services in bringing another opportunity for support to our PD community,” Christopher C. Jamele, Development Director, Parkinson’s Foundation New York & New Jersey Chapter.

PD is a long-term disorder where the central nervous system affects the motor system. Symptoms include tremors, movement and balance difficulties, limb rigidity, and delayed muscle action. Approximately 10 million people in the world have Parkinson's. For more information, visit www.parkinson.org.

The Town of Amherst Center for Senior Services which is located at 370 John James Audubon Parkway, is a human service agency serving the community’s older residents and their families. The Department’s mission is to foster the physical and mental well-being of senior citizens by providing educational and recreational activities, nutritional, health-related, social and support services, and opportunities for volunteerism. For information, please visit www.amherstcenterforseniorservices.com.