



Let's Do Lunch Speaker Series
12:00 – 2:00 pm

Reservations are due by the 13th of the month. Send a check made payable to the “Town of Amherst” and mail to Town of Amherst, ATTN: Comptroller's Office, 5583 Main Street, Williamsville, NY 14221.

On **Thursday, May 16, 2024**, Paul Kranz will give a power point presentation on the preparation, planning, and planting of a backyard vegetable garden. This will include the schedule and care and maintenance of your garden. A special emphasis will be on everyone's favorite garden plant – tomatoes! **Menu:** Chicken or beef souvlaki wrap, Greek pasta salad, baklava, coffee, tea, and water (\$20/person). **Location:** Buffalo Niagara Heritage Village, 3755 Tonawanda Creek Rd, Amherst, NY 14228.

On **Tuesday, June 18, 2024 (7:00 – 8:30pm)**, come and enjoy a “gathering nouveau,” a special “Let's Get Together” edition of our “Let's Do Lunch” series. This evening program will feature performances by vocal artists from local opera collective Sotto Voce. Sotto Voce will share excerpts from past and upcoming shows, including their recent February 2024 production of *The Magic Flute* and their upcoming June 2024 production of Giacomo Puccini's *Suor Angelica*. **Menu:** Dessert bar, coffee, tea, and water (\$15/person). **Location:** Randall Memorial Baptist Church, 6301 Main St., Williamsville, NY 14221. (Note day and time change for this event in June.)

On **Thursday, July 18, 2024**, the Friends of Harmony Crescendo Quartet, which specializes in barbershop style music from the 50s, 60s and 70s, will honor us with a performance. This quartet will feature Kevin Koczka (tenor), Ed Lyons (lead), Adam English (bass), and Pete Hart (baritone). **Menu:** Panko crusted chicken breast with lemon artichoke sauce, ginger whipped sweet potatoes, sauteed green beans, cupcakes, coffee, tea, and water (\$20/person). **Location:** Buffalo Niagara Heritage Village, 3755 Tonawanda Creek Rd, Amherst, NY 14228.

On **Thursday, August 15, 2024**, National Relaxation Day, Tom Haney will present on wellness, which is a term that refers to the pursuit of maximum physical and mental health. It represents a preventive way of living that reduces and sometimes eliminates the need for remedies. This presentation will explain the principles associated with your journey towards wellness and help you avoid some of the missteps on your wellness journey. **Menu:** Cheese ravioli, Caesar salad, fresh steamed vegetable medley, cake, coffee, tea, and water (\$20/person). **Location:** Buffalo Niagara Heritage Village, 3755 Tonawanda Creek Rd, Amherst, NY 14228.

On **Thursday, September 19, 2024**, in conjunction with Amherst Youth & Recreation, Amherst Town Parks, and the Amherst Senior Center and in sponsorship with Evans Bank, Dave Ruch will present on the Erie Canal. Ruch is a performer and teaching artist, delighting people of all ages with highly engaging and interactive concerts. **Menu:** Hot dogs, chips, and drinks provided by Amherst Senior Center. The event is free and open to the public. Please register by calling (716) 636-3050 or visiting <https://www.amherstcenterforseniorservices.com/>. **Location:** Amherst Veteran's Canal Park, 1040 Tonawanda Creek Rd., Amherst, NY 14228. **Rain Location:** Northwest Amherst Community Center, 220 N Pointe Pkwy, Amherst, NY 14228.